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## Book information

**Authors:** Markus Tröltzsch / Matthias Tröltzsch  
**Title:** 30 Minutes to Augmentation – Set 1  
**Subtitle:** Sinus Floor Elevation Part 1 | Sinus Floor Elevation Part 2 | Ridge Preservation | Guided Bone Regeneration

#### Short text:

Achieve mastery in oral surgery with the “30 minutes to...” series. Designed for time-conscious dental professionals, these practical guides offer step-by-step protocols for procedures ranging from extractions to implants. Rooted in cutting-edge research, the books include troubleshooting strategies, clinical tips, and streamlined checklists to ensure confidence and efficiency in every surgery. Perfect for integrating surgical skills into your practice, this series simplifies complex techniques into actionable insights, empowering you to elevate patient care and broaden your expertise.

#### Sinus Floor Elevation

##### Part 1: Indications, Basics, and Standard Procedure

Part 1 of this two-part guide covers the basics, providing you with the necessary know-how and taking you through patient cases to demonstrate the practical applications. It is recommended that Chapters 1 and 2 are read first, as they provide all the structured information in the form of a textbook. Chapter 3 provides guidance on how to deal with patients. Chapter 4 provides a detailed, step-by-step examination of various cases, putting into practice the knowledge presented in the early part of the guide. Then progress to Part 2, which looks into advanced procedures and complications and provides checklists for implementing the knowledge gained from the book into daily practice.

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