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Book information

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Title: Noncarious Cervical Lesions and Cervical Dentin Hypersensitivity
Subtitle: Etiology, Diagnosis, and Treatment

Short text:

Cervical dentin hypersensitivity (CDH) and noncarious cervical lesions (NCCLs) are common findings in modern clinical practice. Although research has shown that NCCLs are a multifactorial condition involving the three mechanisms of stress, biocorrosion, and friction, few dentists know how to treat them effectively. Similarly, CDH has been an enigma for many years, and practitioners often try to treat the symptoms rather than seek an answer to their etiology. In addition, little attention has been given to their mutual etiologic mechanisms of cervical stress concentration from occlusal loading and endogenous/exogenous biocorrosion. Therefore, this book approaches CDH and NCCLs together and outlines the history, mechanisms, and, most important, the clinical methods of treatment for these pathologies. It is about time we as dentists learn how to treat and prevent these conditions in clinical practice. This involves greater diagnostic effort and alteration of treatment protocols to (1) reduce dietary intake/exposure to acids, (2) manage reflux diseases, and (3) consider the significance of occlusal therapies. After reading this book, the student or clinician will be able to diagnose and treat clinical cases of NCCLs and CDH.

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