



Edition: 1st Edition 2022  
 pages: 456  
 Images: 1076  
 Cover: Hardcover; 25 x 25 cm  
 ISBN: 978-1-64724-101-8  
 Stock No.: 23781  
 Published: January 2022

Price  
 Subject to changes!

258,00 €

#### Quintessenz Verlags-GmbH

📍 Ifenpfad 2-4  
 12107 Berlin  
 Germany

☎ +49 (0) 30 / 76180-5

📠 +49 (0) 30 / 76180-680

✉ info@quintessenz.de

🌐 <http://nginx/deu/de>

## Book information

**Authors:** Ronaldo Hirata  
**Title:** Recipes for Composite Restorations

#### Short text:

Although many dental manuals have been called "cookbooks", none has ever embraced the style so fully as this new book. In its pages, the practitioner is fully reimagined as a master chef, and 26 esthetic restorative protocols are presented as gourmet recipes, ready to be learned and savored. The purpose of this book is to encourage true mastery of the fundamentals while avoiding the most common pitfalls. Dr Hirata demonstrates how to make the most of composite materials by focusing on the details and techniques that can really improve the final results. In restorative dentistry, the key is to use the right materials with the best technique. However, that is not enough. Any chef knows that once you have learned the fundamentals, your best work must also reflect your personal character, and the same goes for the work of restorative dentists. By focusing on the skillful use of the right ingredients and tools, this tour de force will teach you how to take the heat and take your restorative protocols to the next level. Keep it simple. Master the basics.

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#### Contributors

Camila Sobral Sampaio, DDS, MSc, PhD

- DDS, MSc, and PhD in Dental Materials at State University of Campinas (UNICAMP, Brazil)
- Visiting Scholar at New York University (NYU, New York City)
- Professor of Biomaterials at Universidad de los Andes (Santiago, Chile)

Daniel Kenji Funabashi, DDS, MSc

- DDS at Federal University of Espirito Santo (UFES, Brazil)
- PG in Operative Dentistry at Brazilian Association of Dentistry (ABO-ES, Brazil)
- MSc in Dental Materials at State University of Campinas (UNICAMP, Brazil)

Rafaelly Cubas Camargo, DDS

- DDS at Federal University of Parana (UFPR, Brazil)
- Assistant in PG of Operative Dentistry at Latin American Institute of Research and Education (ILAPEO, Brazil)

Stephanie Gomes Assunção Alves, DDS

- DDS at Federal University of Parana (UFPR, Brazil)
- PG in Prosthodontics at Federal University of Parana (UFPR, Brazil)
- Assistant in PG of Operative Dentistry at Latin American Institute of Research and Education (ILAPEO, Brazil)

**Categories:** Restorative Dentistry, Esthetic Dentistry