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## Book information

**Editor:** Rossi, Roberto  
**Title:** Building Better Bone  
**Subtitle:** A Comprehensive Guide to GBR techniques  
**Short text:**

The idea for this book was conceived at a critical time for humanity, during the lockdown following the Covid 19 pandemic. An international group of fellow clinicians set out to create a book to analyze all aspects of a common problem in implant dentistry: the loss of one or more teeth, and the subsequent physiologic resorption of both hard and soft tissue. Defects resulting from tooth loss can be treated in several different ways, with similar but different surgical techniques, materials, and methods. GBR is an approach that has been around for over 30 years, during which time we have learnt its pros and cons. Understanding how to select the optimal GBR technique ensures reduced risks for patients and clinicians alike. This book is intended to be a "recipe manual" for how to help build better bone, and includes varied protocols representing the state of the art in modern dentistry, without commercial bias. The book is also enriched by 14 videos that provide detailed explanations of the techniques adopted, and each chapter illustrates expert recommendations for optimizing the techniques presented.

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