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# Book information

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**Title:** 30 Minutes to Augmentation – Set 1  
**Subtitle:** Sinus Floor Elevation Part 1 | Sinus Floor Elevation Part 2 | Ridge Preservation | Guided Bone Regeneration

**Short text:**

Achieve mastery in oral surgery with the “30 minutes to...” series. Designed for time-conscious dental professionals, these practical guides offer step-by-step protocols for procedures ranging from extractions to implants. Rooted in cutting-edge research, the books include troubleshooting strategies, clinical tips, and streamlined checklists to ensure confidence and efficiency in every surgery. Perfect for integrating surgical skills into your practice, this series simplifies complex techniques into actionable insights, empowering you to elevate patient care and broaden your expertise.

**Sinus Floor Elevation**

**Part 1: Indications, Basics, and Standard Procedure**

Part 1 of this two-part guide covers the basics, providing you with the necessary know-how and taking you through patient cases to demonstrate the practical applications. It is recommended that Chapters 1 and 2 are read first, as they provide all the structured information in the form of a textbook. Chapter 3 provides guidance on how to deal with patients. Chapter 4 provides a detailed, step-by-step examination of various cases, putting into practice the knowledge presented in the early part of the guide. Then progress to Part 2, which looks into advanced procedures and complications and provides checklists for implementing the knowledge gained from the book into daily practice.

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**Part 2: Complex Techniques, Overcoming Challenges, Patient Management, and Checklists**

Having learned the basics, standard protocols, and step-by-step approaches in Part 1 of our comprehensive sinus floor elevation procedure guide, you are now ready to tackle the more complex aspects of this surgery. In this part, we delve into advanced sinus lift surgeries, including assessing case difficulty and managing both intraoperative and postoperative complications efficiently. You will find comprehensive postsurgery care guidelines and helpful checklists to enhance your practice. These advanced skills and methodologies will empower you to confidently approach complicated cases, elevating your status in oral surgery. As we move forward, we will continue to build on your strong foundation and enhance your proficiency. Best of luck as we help you to prepare for the challenges of advanced sinus lift procedures.

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**Ridge Preservation**

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Elevate your expertise and ensure long-lasting results in implant and restorative dentistry.

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This comprehensive guide will help dental professionals to master the essentials of guided bone regeneration (GBR). Delve into step-by-step protocols, from fundamentals to advanced techniques such as GBR with reinforcements, ensuring predictable outcomes for alveolar ridge augmentation. Cutting-edge insights on materials, patient-centered procedures, and complication management are provided, all of which are backed by the latest scientific research. Detailed checklists and practical tips will help you to streamline your workflow, enhancing your precision and confidence. Whether you are dealing with minor bone deficits or complex cases, this resource will equip you to elevate your surgical skills and provide enhanced patient care.

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