



Edition: 2nd completely revised Edition 2019
pages: 164
Images: 350
Cover: Softcover, 19,2 x 24 cm
ISBN: 978-3-86867-477-4
Published: April 2019

Quintessence Publishing Company, Ltd.

 Grafton Road
KT3 3AB New Malden, Surrey
United Kingdom

 +44 (0)20 8949 6087

 +44 (0)20 8336 1484

 info@quintpub.co.uk

 <http://nginx/gbr/en>

Book information

Authors: Reinhold Roth
Title: Taping – Kinesiologisches Tapen mit Sensotape®
Subtitle: Basiswissen | Anlagetechniken | Anwendung

Short text:

Sensotape® is an innovative new product from Japanese medicine and is based on the principles of kinesiology taping. The unique, gentle, and drug-free treatment method is becoming increasingly important in sports medicine and has also become the focus of general medical and therapeutic interest in recent years. Sensotape® has a wide range of effects, including the muscles, tendons, ligaments, joints, and lymphatic system; it activates the body's own self-healing powers without restricting physical mobility. This guidebook introduces the theoretical and practical principles of the treatment method and explains how to use it for a wide variety of ailments. The graphic representation of the affected structures and the detailed illustrated step-by-step instructions for the appropriate tape application in each case make the book a solid guide for daily therapeutic practice. It is also suitable for trainees in the healing professions, trainers, athletes, and interested laypersons due to its clear explanations.

Categories: [Physiotherapy](#), [Guide Health & Medical Science](#)