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## Book information

**Editor:** Kolster, Bernard C.  
**Title:** Trail Guide Anatomie  
**Subtitle:** Practical approach to anatomy  
**Short text:**

This book is a unique and established palpation textbook that is now used in many education institutions. In a manner that is clear and easy to understand, it takes readers on a journey through the body and its myriad structures. The anatomy is described in detail, with many illustrations. The shape and function of the structures are explained with the use of humor and are in line with daily practice. References to clinical indications complete the overview. The author explains step by step how muscles, vessels, ligaments, and bones can be found quickly and easily.

#### Basics of palpation and anatomy

The book indicates the location, alignment, and function of the body's structures and provides the necessary knowledge of different palpation techniques. In addition, numerous tips are provided on how to train for palpation and how to improve palpation skills.

#### Clear illustrations

The numerous illustrations are designed according to didactic principles and ensure that each step for locating the structures can be understood and be safely performed. All muscles and bones are clearly shown in the illustrations.

#### A journey through the body

The respective parts of the body are described through the use of different routes. How to find and feel for the corresponding structures is explained in detail.

#### Humorous and precise

Anatomy and palpation are rendered entertaining and educational by the humorous and precise language. Information on the history of terms and the corresponding reference to everyday life provide plenty of familiar and recognizable experiences.

#### Completely revised edition

Corrections to content and some changes to terminology have been included in this new edition. Above all, the structure of the pages has been fundamentally revised to provide learners with quick and clear access to the learning material: Case studies and learning questions are clearly labeled, and the drawings, now in full color, appear more vivid as well as reflect the diversity of the human body.

**Categories:** Human Medicine, Anatomy