



Edition: 1st Edition 2018
pages: 576
Images: 1500
Cover: Hardcover, 24 x 30 cm
ISBN: 978-3-86867-326-5
Stock No.: 30185
Published: October 2017

Price 74,00 €
Subject to changes!

KVM - Der Medizinverlag

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Book information

Authors: Reinhold Roth

Title: Taping – Der große Bildatlas Kinesiologisches Tapen

Subtitle: Basics | Application Techniques | Usage

Short text:

The physiotherapist and manual therapist Reinhold Roth has developed his taping concept based on the kinesiological taping developed by Dr Kenzo Kase, tested it in practice, and optimized it. He has been using it for many years in the treatment of professional athletes, among others. He now presents the experience he has gained in this pictorial atlas, which provides a comprehensive introduction to the principles and practice of the Sensotape® method. In this book, individual techniques are explained and the possibilities of tape application are presented in picture sequences with precise step-by-step instructions in a way that is easy to follow – clearly structured and with a focus on treatment and clinical indications. The book forms a reliable and practical guide for sports physicians, orthopedists, neurologists, general practitioners, osteopaths, physiotherapists, masseurs, and alternative practitioners, but is also aimed at medically trained trainers and sports instructors.

Categories: Physiotherapy