



Auflage: 2. Auflage 2025  
Seiten: 300  
Abbildungen: 100  
Einband: Softcover; 17.2 x 24.1 cm  
ISBN: 978-1-64724-196-4  
Artikelnr.: B1964  
Vorauss. Erscheinen: Februar 2025

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## Buch-Information

**Autoren:** Steve Carstensen / Ken Berley  
**Titel:** The Clinician's Handbook for Dental Sleep Medicine  
**Kurztext:**

Millions of Americans suffer from OSA, and at least one patient in five has mild OSA. Whereas patient compliance with CPAP therapy is unacceptably low (between 25% and 50%), dentists can provide a viable alternative therapy—oral appliance therapy (OAT)—that results in much better compliance. This book clearly delineates the dentist's role in the treatment of sleep-related breathing disorders, with practical advice for incorporating dental sleep medicine into an existing dental practice, including step-by-step instructions for examination, appliance selection, and follow-up care as well as how to work with sleep physicians. Complications of OAT, legal issues, and medical insurance and Medicare considerations are also covered. This updated edition includes contributions from experts in physical therapy, myofunctional therapy, and rhinomanometry, as well as advice on proper breathing by breathwork training expert Patrick McKeown.

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- Clinical Guide for the Practice of Dental Sleep Medicine
- An Overview of Sleep and Sleep Disorders
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- Integrating Dental Sleep Medicine into Your Practice
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- Medical Insurance and Medicare
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- Myofunctional Therapy
- A Multidimensional Approach to Addressing Breathing and Sleep Disorders
- Collaborating With Physical Therapists
- Rhinomanometry

**Fachgebiet(e):** Funktionsdiagnostik und -therapie, Zahnheilkunde allgemein