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## Book information

**Authors:** Ronaldo Hirata  
**Title:** Recipes for Composite Restorations  
**Short text:**

Although many dental manuals have been called "cookbooks", none has ever embraced the style so fully as this new book. In its pages, the practitioner is fully reimagined as a master chef, and 26 esthetic restorative protocols are presented as gourmet recipes, ready to be learned and savored. The purpose of this book is to encourage true mastery of the fundamentals while avoiding the most common pitfalls. Dr Hirata demonstrates how to make the most of composite materials by focusing on the details and techniques that can really improve the final results. In restorative dentistry, the key is to use the right materials with the best technique. However, that is not enough. Any chef knows that once you have learned the fundamentals, your best work must also reflect your personal character, and the same goes for the work of restorative dentists. By focusing on the skillful use of the right ingredients and tools, this tour de force will teach you how to take the heat and take your restorative protocols to the next level. Keep it simple. Master the basics.

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