



**Edition:** 1st Edition 2010  
**pages:** 552  
**Images:** 958  
**Cover:** Hardcover  
**ISBN:** 978-1-85097-191-7  
**Stock No.:** BG081  
**Published:** January 2010

**Price** \$248.00  
 Subject to changes!

#### Quintessence Publishing Company, Inc.

 411 North Raddant Road  
 Batavia  
 Illinois IL 60510  
 United States of America

 +1 (0)630 / 736-3600

 +1 (0)630 / 736-3633

 [contact@quintbook.com](mailto:contact@quintbook.com)

 <http://nginx/usa/en>

## Book information

**Editor:** Paesani, Daniel Angel

**Title:** Bruxism

**Subtitle:** Theory and Practice

#### Short text:

This comprehensive evidence-based guide to bruxism provides answers to many questions arising in everyday dental practice. The first part reviews general bruxism knowledge as well as guidelines for diagnosis, sleep physiology, etiology, peripheral and emotional factors, movement disorders, and bruxism in children. The second part is devoted to the effects of bruxism on the different components of the masticatory system and explores its relationship to pain. The final part addresses the various aspects of bruxism treatment—both pharmacologic and clinical management—as well as particulars of restoration specific to the bruxing patient, including recommended dental materials, considerations for use of implant-supported prostheses, and an overview of complex oral restoration. Researchers, students, and specialists will benefit from the in-depth analysis of bruxism and its treatment and the extensive, up-to-date bibliographies.

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#### Contributors

Monica Andersen • Taro Arima • Lene Baad-Hansen • Marta M. Barreiro • Gunnar E. Carlsson • Fernando Cifuentes • Sergio Fuster • Jorge Mario Galante • Carlos Gianoni • Fernando Goldberg • Hans L. Hamburger • Faramarz Jadidi • Anders Johansson • Ann-

Katrin Johansson • Takafumi Kato • Marcelo Kreiner • Stephanos Kyrkanides • Frank Lobbezoo • Ricardo L. Macchi • Daniele Manfredini • Arturo E. Manns Freese • Machiel Naeije • Luca Guarda Nardini • Ridwaan Omar • Claudia Restrepo • Xiomara Restrepo-J. • Andres R. Sanchez • Guillermo Schinini • Teresa Cristina Barros Schütz • José T. T. de Siqueira • Peter Svensson • Ross H. Tallents • Sergio Tufik

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